



# St. George Greek Orthodox Church

Sunday, March 29, 2026

**WELCOME TO OUR PARISH!**



Sunday of St. Mary  
of Egypt



**Prokeimenon. Mode 1**

**Psalm 32.22,1**

Let your mercy, O Lord, be  
upon us.

Verse: Rejoice in the Lord, O  
ye righteous.



## EPISTLE- Heb. 9:11 - 14

Brethren, when Christ appeared as a high priest of the good things to come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, not with the blood of goats and calves but with his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

## GOSPEL- Mk. 10:32 - 45

At that time, Jesus took his twelve disciples, and he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and

**Guest Priest:**

**Fr. Aris Metrakos**

**Deacon:**

**Euthym Kontaxis,  
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10a.m. - 2p.m.**

**Visit Us At:  
[stgeorgepd.org](http://stgeorgepd.org)**

### Prior to Holy Communion:

1. Ladies, kindly remove lipstick before receiving.
2. Non-Orthodox Christians may not receive Holy Communion, but they may receive the Holy Bread at the end of the service.
3. All Orthodox Christians must be spiritually prepared to receive the Sacrament of Holy Communion. Please see the priest if you have any questions.

### GOSPEL- Mk. 10:32 - 45 - CONTINUED

said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

## Liturgical Notes For Today's Divine Liturgy

### Resurrectional Apolytikion.

The stone having been sealed by the Pharisees and chief priests, \* and Your all-immaculate body being guarded by soldiers, \* You rose on the third day, O Lord and Savior, granting life unto the world. \* Then the powers of the heavens cried out to You, O Giver of Life, and shouted, \* "Glory to Your resurrection, O Christ! \* Glory to Your eternal rule! \* Glory to Your plan for saving us, only benevolent God!"

### For the Devout Woman.

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels.

### Kontakion

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.



# ANNOUNCEMENTS

## MEMORIAL



Today we prayerfully remember **Angie “Evangelia” Spanos**, beloved wife of **George Spanos**, on the occasion of her **six-month memorial**. May her gentle spirit and the love she shared continue to shine brightly in the hearts of all who knew her.

May God grant her eternal rest and may her memory be eternal.

We also commemorate **Vladimir Denysov**, cherished nephew of **Maria Martynenko**, at his **six-month memorial**. May his life and the blessing of his presence remain a source of comfort and strength to his family.

May God grant him peace among the righteous and may his memory be eternal.

**Μνημόσυνον αιώνιον.**

**May their memories be eternal.**

# WELCOME

## IS THIS YOUR FIRST TIME AT ST. GEORGE?

We sincerely hope that your worship experience with us brings you closer to our Lord, God, and Savior, Jesus Christ.

Please take the time to sign our guest book at the entrance and accept our invitation to join us after Divine Liturgy in the church hall for Coffee Hour.

If you are not familiar with Orthodox worship, please ask one of our Ushers for assistance.

**Are you a Christian?**

If you are seeking spiritual direction or would like to know how to become an Orthodox Christian, please contact Deacon Euthym.

# PALM SUNDAY

JOIN US SUNDAY, APRIL 5<sup>TH</sup>

**FISH LUNCHEON IMMEDIATELY  
FOLLOWING DIVINE LITURGY**

\$25.00 PER PERSON  
(CHILDREN 12 & UNDER FREE)

MAKE CHECKS PAYABLE TO: ST. GEORGE  
GREEK ORTHODOX CHURCH - PALM SUNDAY  
LUNCHEON IN THE MEMO.

**SEE FRANCINE IN THE HALL  
AFTER LITURGY TODAY 3/29**



VANCO QR CODE TO PAY BY CREDIT CARD

**TODAY 3/29  
LAST DAY TO MAKE  
YOUR RESERVATION**

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DETACH AND GIVE TO FRANCINE

NAME(S): \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

HOW MANY IN YOUR PARTY? \_\_\_\_\_

AMOUNT ENCLOSED: \_\_\_\_\_

## PARISH COUNCIL

### Thanks to Father Aris

We extend our heartfelt gratitude to Fr. Aris for ministering to our parish these past four weekends. Thank you for answering the call to serve and for sharing your gifts with us. May God continue to bless your priesthood and may we cross paths again in the future.



### Successful General Assembly Meeting

Thank you to everyone who attended the General Assembly last Sunday. Your presence made the meeting a success, reflecting a community committed to our church's future. Your participation was greatly appreciated. We will keep you informed of our ongoing search for a new priest and will reach out for your input as we define the type of priest who may best match our community's future needs.

### Upcoming Events and Needs

Holy Week is approaching fast and we are beginning to prepare for the events and services coming up.

We ask for everyone's assistance to help in the making of the palm crosses after services on the Saturday of Lazarus, look forward to seeing everyone at the Palm Sunday luncheon and, encourage all who are able to donate to the purchase of flowers for the Epitaphio, Cross and Anastasi.

**God bless! Jim Christopoulos**



His Eminence Metropolitan Gerasimos and  
the Greek Orthodox Metropolis of San Francisco Philoptochos  
cordially invite you to attend

# Agape

A Celebration of Love

"Whoever received one little child like this in  
My name receives Me." Matthew 18:5



Visit [www.sfphiloptochos.org](http://www.sfphiloptochos.org)  
to make a secure  
donation TODAY!

**Camp Agape** is dedicated to  
providing support for children  
afflicted with cancer and their  
families. This beloved ministry  
offers a compassionate and  
caring environment, exemplary  
of Christ's unconditional love,  
along with an opportunity to  
shape meaningful friendships and  
create precious memories.



**Opportunity Drawing**  
Blue Dior Oblique Jacquard  
Medium Shopping Bag

To benefit our Kids 'n' Cancer Ministry

**Sunday, April 19, 2026**  
2:00 p.m.

Newport Beach Country Club  
One Clubhouse Drive | Newport Beach, CA 92660

RSVP Date: April 12, 2026

While enjoying  
an afternoon of  
fabulous music,  
delectable food,  
and good friends,  
guests will have

the opportunity to purchase Mystery Hat Boxes filled with  
exciting gifts and participate in an Opportunity Drawing!



**Kids 'n' Cancer**  
Camp Agape



A Ministry of the  
Greek Orthodox Metropolis of San Francisco  
Ladies Philoptochos Society

Register at [www.sfphiloptochos.org](http://www.sfphiloptochos.org)  
or by calling 415-431-2600  
by April 12, 2026

**Cost: \$125 person**





John 1:5

*“The light shines in the darkness and the darkness has not overcome it,” this is a promise of hope & spiritual illumination that cannot overcome it.*

If you get a chance, please drive by our church at night and see the beautiful lighting that illuminates our dome, our cross, and the entire body of our church, including the front plants and trees. We want to remember Mike Carroll who’s love of our church is still present through this wonderful gift.

May his memory be eternal  
Fr Deacon Euthym



From the Stewardship Committee

**THANK YOU**

Thank you to all the parishioners who have filled out a 2026 Commitment card and are paying towards their stewardship! Thank you to all those who have increased their commitment. Let’s keep going!!



**SPONSOR**  
**THE LADDER**

Help keep our weekly bulletin climbing strong!  
Sponsoring The Ladder is an easy way to support the church—  
looking for sponsors for the months of May through October.  
Interested? Just call the office.

## Support the Beautiful Adornment of the Epitaphio

As we prepare our hearts for the solemn and sacred days of Holy Week, we invite you to consider offering a donation toward the flowers decorating the Epitaphio. These flowers are a heartfelt expression of our love, devotion, and reverence as we honor the Body of Christ on Holy Friday.

May this Holy Season bring blessings, peace, and renewal to all.



## PHILOPTOCHOS *Luminary Candel*

Sunday, April 5<sup>th</sup> is your last chance to get  
**LUMINARY CANDELS**

Friday, April 10<sup>th</sup> is the **LAST** day to **RSVP** with Irene for:

1. The Kids 'N' Cancer Event in New Port Beach (ensures proper transportation planning).
2. The General Meeting (helps in planning the lunch that will be served).

**ASSISTANCE WILL BE NEEDED FOR HOLY THURSDAY & GOOD FRIDAY**

### UPCOMING EVENTS

- Sip 'n' Paint: March 29th
- Board Meeting: April 6th
- General Meeting: April 13th
- Kids 'n' Cancer: Newport Beach - April 19th

**BAKE  
SALE**  
Today 3/29 after  
service - 4/5

**"The Ladder," for March 2026 is sponsored by Annette Laskaris**

## JOIN THE GOLF COMMITTEE

We are excited to begin planning our 2027 Golf Tournament Fundraiser in support of the ministries and future growth of our parish—and we need your help to make it a success! This special event will bring together our parish community, friends, and local supporters for a day of fellowship, fun, and meaningful fundraising, capped off with a celebratory dinner.

There are many ways to get involved, including event planning, golf format coordination, sponsorship outreach, silent and live auction support, marketing and promotion, day-of logistics, and catering. Whether you have experience organizing events, connections in the community, social media skills, golf-tournament know-how, or simply a willingness to help, your time and talents can make a real difference.

Let's work together to make this beloved St. George event a meaningful and successful fundraiser. We will schedule an initial meeting soon to get us started—before the “snowbirds” begin departing.

If you are interested in volunteering for this fun and important event, please contact:

**Nick Speliopoulos**

**[nspelio@me.com](mailto:nspelio@me.com)**

Parish Council Fundraising Committee

## **EVENTS & SERVICES COMING UP**

**April 1<sup>st</sup>** - Pre-Sanctified Service – 5PM & Lenten Lecture – 5:30PM

### **HOLY WEEK SERVICES**

#### **4/4/26 Saturday of Lazarus**

8:30 AM Orthos

9:30 AM Divine Liturgy

Followed by making of the palm crosses

#### **4/5/26 Palm Sunday**

8:30 AM Orthos

9:30 AM Divine Liturgy

Followed by Palm Sunday luncheon

6:00 PM Service of the Nymphios

#### **4/6/26 Monday of Holy week**

6:00 PM Service of the Nymphios

#### **4/7/26 Tuesday of Holy week**

6:00 PM Service of the Nymphios

(Hymn of Kassiani)

#### **4/8/26 Wednesday of Holy Week**

9:00 AM Presanctified Liturgy

6:00 PM Holy Unction (anointing of the sick)

#### **4/9/26 Thursday of Holy week**

9:00 AM Vesper Liturgy of Saint Basil (mystical supper)

6:00 PM The Service of the 12 Gospels (crucifixion of our Lord)

#### **4/10/26 Good Friday**

7:30AM Decoration of the Epitaphios

9:00 AM Royal Hours followed by a mini retreat

12 noon Vespers of our Lord's Descent from the Cross

7:00 PM The Service of the Lamentations with the Procession of the Epitaphios

#### **4/11/26**

9:00 AM Vespers Liturgy of Saint Basil

(Hymn of the Three Youths)

11:00 PM Pre- Resurrection Service

11:45 PM Resurrection Service

12:00 midnight Orthos and Divine Liturgy of St John Chrysostom

Followed by the blessing of the eggs and first fruits

Anastasi light dinner to follow with exchange of eggs

*Due to unforeseen circumstances, there will be no Agape Aervice on Sunday*